# September Calendar & Newsletter

## **WE WILL BE CLOSED ON**



9:00 Fellowship 9:30 Walking Club (Weather Permits) 10:00 Bible Study & Worship 11:00 Arts & Crafts 11:30 Story Teller Tuesday 12:00 Lunch (Prayer & Pledge of Allegiance) 12:30 Soap Opera Club 1:30 Silver Solutions Q&A 2:00 Movie / Discussions 3:30 Puzzles / Table Games

9:00 Fellowship 9:30 Brainteasers Trivia Game 10:00 Geri Fit 11:00 Arts & Crafts 11:30 Silver Solutions Q&A 12:00 Lunch (Prayer & Pledge of Allegiance) 12:30 Soap Opera Club 2:00 Movie / Discussions 2:30 Walking Club (Weather Permits) or Cardio Drumming 3:00 Puzzles / Table Games

4 RSVP Time Sheets Due 9:00 Fellowship 9:30 Walking Club (Weather Permits)

10:00 Bible Study & Worship 11:00 Arts & Crafts 12:00 Lunch (Prayer & Pledge of Allegiance) 12:30 Soap Opera Club

1:00 Dance Class 1:30 Silver Solutions Q&A 2:00 Movie / Discussions

2:00 Movie / Discussions 2:30 Walking Club (Weather Permits) or Cardio Drumming 3:30 Puzzles / Table Games 3:00 Puzzles / Table Games 3:00 Weekly Cleanup 11 Don't forget to Pre-Register

9:00 Fellowship

9:30 Brainteasers Trivia Game

11:00 Arts & Crafts: Round-up

10:00 Board & Table Games

11:30 Silver Solutions Q&A

 $12:\!00\;Lunch\;{}_{\rm (Prayer\;\&\;Pledge\;of\;Allegiance)}$ 

12:30 Soap Opera Club

**LABOR DAY** 

9:00 Fellowship / Week Review 9:30 Brainteasers Trivia Game 10:00 Bible Study-Review 10:00 Geri Fit 11:00 Arts & Crafts 11:30 Silver Solutions Q&A 12:00 Lunch (Prayer & Pledge of Allegiance) 12:30 Soap Opera Club 2:00 Movie / Discussions 2:30 Walking Club (Weather Permits) or Cardio Drumming 3:00 Puzzles / Table Games

9:00 Fellowship 9:30 Walking Club (Weather Permits) 10:00 Bible Study & Worship 11:00 Arts & Crafts 11:30 Story Teller Tuesday 12:00 Lunch (Prayer & Pledge of Allegiance) 12:30 Soap Opera Club 1:00 The center will close early due to Department Meetings.

Sorry for any inconvenience!

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9:00 Fellowship 9:30 Brainteasers Trivia Game 10:00 Geri Fit 11:00 Bingo w/Gentiva 11:30 Silver Solutions Q&A 12:00 Lunch (Prayer & Pledge of Allegiance 12:30 Soap Opera Club 2:00 Movie / Discussions 2:30 Walking Club (Weather Permits) or Cardio Drumming

3:00 Puzzles / Table Games

9:00 Fellowship 9:30 Walking Club (Weather Permits) 10:00 Bible Study & Worship 11:00 Walgreens Immunization Clinic 12:00 Lunch (Prayer & Pledge of Allegiance) 12:30 Soap Opera Club

1:00 Dance Class 1:30 Silver Solutions Q&A 2:00 Movie / Discussions 3:30 Puzzles / Table Games 9:00 Fellowship 9:30 Brainteasers Trivia Game 10:00 Board & Table Games 11:00 Arts & Crafts: Round-up 11:30 Silver Solutions Q&A 12:00 Lunch (Prayer & Pledge of Allegiance) 12:30 Soap Opera Club 2:00 Movie / Discussions 2:30 Walking Club (Weather Permits) or Cardio Drumming 3:00 Puzzles / Table Games

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FBSC Day Trip \*See Posted Flyers & Newsletter for more information\*

12:00 pm | Lunch @ FBSC

17 9:00 Fellowship 9:30 Brainteasers Trivia Game 10:00 Geri Fit 11:00 Arts & Crafts 11:30 Silver Solutions Q&A 12:00 Lunch (Prayer & Pledge of Allegi 12:30 Soap Opera Club 2:00 Movie / Discussions 2:30 Walking Club (Weather Permits) or Cardio Drumming 3:00 Puzzles / Table Games

18 9:00 Fellowship 9:30 Walking Club (Weather Permits) 10:00 Bible Study & Worship 11:00 Guest Speaker Julie Foster 12:00 Lunch (Prayer & Pledge of Allegiand

12:30 Soap Opera Club 1:00 Dance Class 1:30 Silver Solutions Q&A 2:00 Movie / Discussions

12:00-1:30 Diaper Bank at Whiteville Senior Center

19 9:00 Fellowship 9:30 Brainteasers Trivia Game 10:00 Board & Table Games

3:00 Weekly Cleanup

11:00 Arts & Crafts: Round-up 11:30 Silver Solutions Q&A 12:00 Lunch (Prayer & Pledge of Allegia 12:30 Soap Opera Club

2:00 Movie / Discussions 2:30 Walking Club (Weather Permits) or Cardio Drumming 3:00 Puzzles / Table Games 3:00 Weekly Cleanup

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9:00 Fellowship 9:30 Walking Club (Weather Permits) 10:00 Bible Study & Worship 11:00 Bingo w/Liberty Hospice 12:00 September Party / Lunch (Prayer & Pledge of A 12:30 Soap Opera Club 1:30 Silver Solutions Q&A 1:30 Story Teller Tuesday 2:00 Movie / Discussions

3:30 Puzzles / Table Games

9:00 Fellowship 9:30 Brainteasers Trivia Game 10:00 Geri Fit 11:00 Arts & Crafts 11:30 Silver Solutions Q&A 12:00 Lunch (Prayer & Pledge of Allegiance) 12:30 Soap Opera Club 2:00 Movie / Discussions 2:30 Walking Club (Weather Permits) or Cardio Drumming 3:00 Puzzles / Table Games

9:00 Fellowship 9:30 Walking Club (Weather Permits) 10:00 Bible Study & Worship 11:00 Bow Making Class by Uptown Revival 12:00 Lunch (Prayer & Pledge of Allegiance)

12:30 Soap Opera Club 1:00 Dance Class 1:30 Silver Solutions Q&A 2:00 Movie / Discussions

₩Don't forget to register! ₩

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1:00 The center will close early due to Coordinator being out of town for senior management class. Sorry for any inconvenience!

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management class. Sorry for

any inconvenience!

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Fair Bluff Senior Center

685 Academy Street Fair Bluff, NC 28439 (910) 871-0001

**Summer Britt** 

Senior Center Program Coordinator summer.britt@columbusco.org www.columbusco.org

(click on Departments - Aging) Follow us on Facebook! **ELDER ABUSE HOTLINE** 910-648-2800

MEDICARE PART D **INFORMATION** 

910-640-6602

You may be eligible for Extra Help for your Medicare "D" Premium? Call for Appointment.



## September Calendar & Newsletter







FBSC's Senior Day Trip "Hamrick's Bus Load Event"

Tues, Sept 16th

Trip Schedule:

Van leaving FBSC 8:30am Arriving at Hamricks by 9:45-10:00am Shopping at Hamricks 10:00-11:30am\*

LUNCH at 12:00pm [McAlister's Deli]

Shopping at Goodwill 1:30-2:30pm\* Van Leaving Myrtle Beach→FBSC 3:00pm Arriving at the center 4:00pm\*

\*Schedule/Times are subject to change

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Theme: A Journey Through the Bible in a Year

Mondays | 10:00 am weekend review

Tuesdays & Thursdays 10:00 am

Located in the Activity Room



The DBNC Essentials Hub is coming to the **Columbus County Senior Center** 

Thursday, September 18<sup>th</sup>, 2025 Noon to 1:30 pm

827 Washington Street, Whiteville

We will be giving away free adult incontinence supplies to residents of Columbus County!

Please bring your own bags! \*\*Supplies are limited and will be distributed on a first-come, first-served basis\*\*

ncdiaperbank.org

### September Buthdays

Summer B 9/3 Rosa M 9/6 Addie W 9/17 Evangelene G 9/29

Happy Birthday Fair Bluff Senior Center Crew!

September Birthdays Party Day September 23<sup>rd</sup>, 2025

[During Lunch]

For the month of **SEPTEMBER**, we are celebrating FOUR birthdays here at the center.

I am asking **everyone attending**, including the birthday stars, to please bring a snack (sweet or salty) to share with everyone.

Keep in mind to have enough to share with 15-20

#### **Immunization & Health Clinic**

High Dose Available for Seniors

> COVID, RSV, and **PNEUMONIA** Vaccines also

Thursday September 11th, 2025 11:00 AM - 3:00 PM

\*All attendees who receive a vaccine at the clinic, will have their name entered in a drawing for a free gift!

\*Snacks will be provided.

**BINGO** w/ Gentiva Wed, Sept 10th | 11:00 am

**Health Series:** "Caregiver Stress" w/ Julie Foster Thu, Sept 18th | 11:00 am

### BINGO

w/ Liberty Hospice Tue, Sept 23<sup>rd</sup> | 11:00 am

> Silver Solutions: Q&A Available Mon - Fri

Any phone, social media, email, or general questions you have, please feel to reach out at any time for help to navigate your smart phone.

> Interested in signing up for AmeriCorps **Seniors RSVP?**

**RSVP Seniors: Time Sheets Due 9/4** 

fain Bluff Senion Center's Second Annual Project:

Families First, Inc. | Whiteville for the women and their children, in Columbus County, affected by Domestic & Sexual Violence and Homelessness

re some of the items that the FBSC is currently accepting for their project. you have other items not listed below, or would like the full list that the Family First Shelter is in need of and can accept, please contact Summer at the FBSC or Families First in Whiteville.

ons can be dropped off at the Fair Bluff Senior Center or picked in/around Columbus County.

#### **Items Needed for Purses:**

**Donations** 

Body Wash / Bar Soap Deodorant

Feminine Hygiene Products Ethnic Hair Products

Shampoo / Conditioner Toothbrush / Toothpaste

Hairbrush / Comb

Hair-ties / Bobby Pins **Body Lotion** 

Shaving Cream / Razors

Hand Sanitizer

Pens / Pencils (please include a sharpener)

Mini Notebooks / Notepads Mini First Aid Kit (or First Aid Items)

Chapstick

Gum / Mints Individually Packaged (Granola Bars / Nuts / Etc.)

Ziploc Bags (Sandwich & Quart)



Class taught by Ashlie Simmons with Uptown Reviva

\$20/PERSON

THURSDAY, SEPTEMBER 25TH 2025 11:00 AM - 12:00 PM

#### fair Bluff Senion Center **Hours of Operation:**

Monday - Friday | \$:30am - 5:00pm Lunch: Monday - Friday | 12:00pm

**Exercise Room:** 

Monday - Friday | 8:30am - 5:00pm (Exercise equipment can be used with a note from your provider)

Contributions are appreciated. Calendar is subject to change.