

File Calendar & Newsletter

Fair Bluff Senior Center

685 Academy Street Fair Bluff, NC 28439 (910) 871-0001

Summer Britt

Senior Center Program Coordinator summer.britt@columbusco.org www.columbusco.org (click on Departments - Aging)

Follow us on Facebook!

9:00 Fellowship / Week Review

9:30 Brainteasers Trivia Game

11:30 Silver Solutions Q&A

12:00 Lunch (Prayer & Pledge of Allegiance) 12:30 Soap Opera Hour

2:30 Walking Club (Weather Permits)

2:00 Movie / Discussions

or Cardio Drumming 3:00 Puzzles / Table Games

10:00 Geri Fit

11:00 Arts & Crafts

9:00 Fellowship 9:30 Brainteasers Trivia Game 10:00 Bible Study w/ Worship 11:00 Arts & Crafts 11:30 Silver Solutions Q&A $12:\!00\;Lunch\;{\scriptstyle (Prayer\;\&\;Pledge\;of\;Allegiance)}$ 12:30 Soap Opera Hour 2:00 Movie / Discussions 3:30 Puzzles / Table Games

BINGO: Change in

schedule just for April!

11:00 Bingo w/Gentiva

12:00 Lunch (Prayer & Pledge of Allegi 12:30 Soap Opera Hour 2:00 Movie / Discussions 3:30 Puzzles / Table Games 9:30 Brainteasers Trivia Game 10:00 Geri Fit 11:00 Arts & Crafts 11:30 Silver Solutions Q&A 12:00 Lunch (Prayer & Pledge of Alle 12:30 Soap Opera Hour 2:00 Movie / Discussions 2:30 Walking Club (Weather Permits)

3:00 Puzzles / Table Games

9:30 Brainteasers Trivia Game

or Cardio Drumming

9:00 Fellowship

10:00 Geri Fit

11:00 Arts & Crafts

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11:00 Story Teller Thursday 11:30 Silver Solutions Q&A

12:00 Lunch (Prayer & Pledge of Allegiance) 1:00 Dance Class

2:00 Movie / Discussions 3:30 Puzzles / Table Games 9:00 Fellowship 9:30 Brainteasers Trivia Game 10:00 Board & Table Games 11:00 Arts & Crafts: Round-up 11:30 Silver Solutions Q&A $12:\!00\;Lunch\;{\scriptstyle (Prayer\;\&\;Pledge\;of\;Allegiance)}$ 12:30 Soap Opera Hour 2:00 Movie / Discussions 2:30 Walking Club (Weather Permits) or Cardio Drumming 3:00 Puzzles / Table Games 3:00 Weekly Cleanup

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3:00 Puzzles / Table Games

9:00 Fellowship

9:30 Brainteasers Trivia Game 10:00 Bible Study w/ Worship 11:00 "Dementia-Pt. 2": Mental Health Series w/Julie

Foster 12:00 Lunch (Prayer & Pledge of Allegiance) 1:00 Dance Class 1:30 Silver Solutions Q&A 2:00 Movie / Discussions 3:30 Puzzles / Table Games

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or Cardio Drumming

3:00 Puzzles / Table Games

See Flyers & Newsletter for more information

FBSC Day Trip

12:00 pm | Lunch @ FBSC

9:00 Fellowship 9:30 Brainteasers Trivia Game 10:00 Geri Fit

10:30 Liberty Hospice: Special Arts & Crafts Project

12:00 Lunch (Prayer & Pledge of Allegia 12:30 Soap Opera Hour 2:00 Movie / Discussions 2:30 Walking Club (Weather Permits) or Cardio Drumming 3:00 Puzzles / Table Games

April Birthday & Easter Party

9:00 Fellowship @12 9:30 Brainteasers Trivia Game 10:00 Bible Study w/ Worship 11:00 Story Teller Thursday 11:30 Silver Solutions Q&A 12:00 Lunch (Prayer & Pledge of Alle

1:00 Dance Class 2:00 Movie / Discussions

3:30 Puzzles / Table Games 12:00 – 1:30 Incontinence Hub @ Whiteville Center



9:00 Fellowship / Week Review 9:30 Brainteasers Trivia Game 10:00 Geri Fit

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9:00 Fellowship

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11:00 Lower Cape Fear **Hospice Presentation on** Living Will: Part 2 & **BINGO**

12:00 Lunch (Prayer & Pledge of Allegiance) 12:30 Soap Opera Hour 2:00 Movie / Discussions 3:30 Puzzles / Table Games

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12:30 Soap Opera Hour

ColCo DOA's Senior Prom

9:00 Fellowship

9:30 Brainteasers Trivia Game 10:00 Board & Table Games

11:00 Arts & Crafts: Round-up 11:30 Silver Solutions Q&A

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12:00 Lunch (Prayer & Pledge of Allegiance)

1:00 Center will Close Early* *4:30 - 7:00

ELDER ABUSE HOTLINE 910-648-2800

MEDICARE PART D INFORMATION

910-640-6602

You may be eligible for Extra Help for your Medicare "D" remium? Call for Appointment.

11:30 Silver Solutions Q&A

2:00 Movie / Discussions

9:00 Fellowship

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2:00 Movie / Discussions

9:00 Fellowship

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2:00 Movie / Discussions 2:30 Walking Club (Weather Permits)



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il Calendar & Newsletter



4/6 Wanda Ellis 4/8 Elouise Graham 4/13 Priscilla Evans 4/15 Joyce Montgomery 4/26 Alfreda Evans

Interested in signing up for AmeriCorps Seniors RSVP? **See Summer for More Information**

Silver Solutions: Q&A Available Mon - Fri

Any phone, social media, email, or general questions you have, please feel to reach out at any time for help to navigate your smart phone.

DBNC Essentials Hub is coming to the Whiteville Senior Center!

> Thursday, April 17th 12:00 - 1:30 pm

FREE Adult Incontinence Supplies to the residents of Columbus County! First-come, first-served. Please bring your own bags.

FBSC's Senior Day Trip "Explore & Shop Local" April Trip: Whiteville Tuesday, April 15th

Van leaving FBSC 9:00 am Arriving at Clothes Bin by 9:45 am **LUNCH** at (approximately) **12:00 pm** [TBA] Shopping at Local Businesses 1:30 pm [Downtown Madison Street, The Farmer's Wife, etc.] Van Departure Back to FBSC 3:30 pm Arriving at the center 4:00 pm

*Schedule/Times are subject to









OINK-A-WALK LUMBER RIVER RIVER APRIL 26, 2025

Change in schedule just for April!

w/Gentiva 04.08.2025 | 11:00 A.M.

> Mental Health Series: "DEMENTIA-Pt. 2"

04.10.2025 | 11:00am Presented by Julie Foster

Liberty Home Care & Hospice will be joining us to do a special "Arts & Crafts" project crafted

> Wednesday, April 16th 10:30 am

just for us!

(*We will be starting promptly, so please arrive on time*)

Lower Cape Fear Hospice will join us for a Presentation and Q&A Discussion on

Living Wills: Part Two

(Health/Medical Decisions Only)

followed by **BINGO!**

Tuesday, April 22nd 11:00 am-12:00 pm

(*We will be starting promptly, so please arrive on time*)

April Birthday/

Easter Party April 17th, 2025

[During Lunch]

Everyone attending, please remember to bring a snack (sweet or salty) to share with everyone. *Remember to have enough to share with 15-20 people.





April Showers Bring May Flowers



CENTER HOURS:

MONDAY - FRIDAY | 8:30-5:00 PM LUNCH: M - F | 12:00 PM EXERCISE ROOM: M - F | 8:30-5:00PM

(Exercise equipment can be used with a note from your doctor)

Contributions are appreciated. *Calendar is subject to change*





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The fair Bluff Senion Center

For Sale for the 2025 Senior Prom

Prom | Thursday, April 24th, 2025 | 4:30pm-7:00pm

\$5.00

Preorder or Purchase Night of Prom

Preorders can be placed by contacting your center's coordinator or contacting the Fair Bluff Senior Center directly via phone:
910.871.0001, email: summer.britt@columbusco.org,
or on our Facebook Group Page.