East Columbus Senior Center Activities April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts Hello April Ensure Sold Daily	2 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Bid Whist Ensure Sold Daily	3 9:00 Fitness Room 11:00 Bingo 12:00 Lunch Amazing Grace How Sweet Sound Ensure Sold Daily	4 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Bid Whist Side whist Ensure Sold Daily	5 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts Ensure Sold Daily
8 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts	9 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades	10 9:00 Fitness Room 11:00 Bingo 12:00 Lunch	11 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Cards	12 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts Jesus Jo 5 the Sunshine Of My Sout Ensure Sold Daily
15 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts Fisure Sold Daily	16 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades Whist Drive Ensure Sold Daily	17 9:00 Fitness Room 11:00 Bingo 12:00 Lunch Fiscal Anticest Solution Ensure Sold Daily	18 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch Senior Prom 4:30 to 7:30 pm Ensure Sold Daily	19 9:00 Exercise 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts Ensure Sold Daily
22 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts	23 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Spades/Whist	24 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 6 0 0 6 0 Ensure Sold Daily	25 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades	26 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts Ensure Sold Daily
29 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts Ensure Sold Daily	30 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Cards/Whist Ensure Sold Daily	HAPPY SPRING SPRING -4754 adriane.mosley@colum		

For More Information: Adriane Mosley@910-655-4754 adriane.mosley@columbusco.org Nutrition - Diane Young