

# East Columbus Senior Center Activities August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>9:00 Computer Class with Ms. Mary SCC</b> <b>12:00 Lunch</b> <b>1:00 Arts/Crafts</b>  <b>Ensure Sold Daily</b>
<b>4</b> <b>9:00 Fitness Room</b> <b>12:00 Lunch</b> <b>1:00 Arts/Crafts</b>  <b>Ensure Sold Daily</b>	<b>5</b> <b>9:00 Fitness Room</b> <b>11:00 Geri Fit</b> <b>12:00 Lunch</b> <b>1:00 Whist/Spades</b>  <b>Ensure Sold Daily</b>	<b>6</b> <b>9:00 Fitness Room</b> <b>11:00 Bingo</b> <b>12:00 Lunch</b>  <b>Ensure Sold Daily</b>	<b>7</b> <b>9:00 Fitness Room</b> <b>11:00 Geri Fit</b> <b>12:00 Lunch</b> <b>1:00 Whist/Cards</b>  <b>Ensure Sold Daily</b>	<b>8</b> <b>9:00 Computer Class w/ Ms. Mary SCC</b> <b>12:00 Lunch</b> <b>1:00 Arts/Crafts</b>  <b>Ensure Sold Daily</b>
<b>11</b> <b>9:00 Fitness Room</b> <b>11:00 Bingo w/ Germaine Gentiva</b> <b>12:00 Lunch</b> <b>1:00 Arts/Crafts</b>  <b>Ensure Sold Daily</b>	<b>12</b> <b>9:00 Fitness Room</b> <b>11:00 Geri Fit</b> <b>12:00 Lunch</b> <b>1:00 Whist/Spades</b>  <b>Ensure Sold Daily</b>	<b>13</b> <b>9:00 Fitness Room</b> <b>11:00 Bingo</b> <b>12:00 Lunch</b>  <b>Ensure Sold Daily</b>	<b>14</b> <b>9:00 Fitness Room</b> <b>11:00 Geri Fit</b> <b>12:00 Lunch</b>  <b>Ensure Sold Daily</b>	<b>15</b> <b>9:00 Computer Class w/SCC Mary</b> <b>12:00 Lunch</b> <b>1:00 Arts/Crafts</b>  <b>Ensure Sold Daily</b>
<b>18</b> <b>9:00 Fitness Room</b> <b>12:00 Lunch</b> <b>1:00 Arts/Crafts</b>  <b>Ensure Sold Daily</b>	<b>19</b> <b>9:00 Fitness Room</b> <b>11:00 Geri Fit</b> <b>12:00 Lunch</b> <b>1:00 Spades/Whist</b>  <b>Ensure Sold Daily</b>	<b>20</b> <b>9:00 Fitness Room</b> <b>11:00 Bingo/Germaine</b> <b>12:00 Lunch</b>  <b>Ensure Sold Daily</b>	<b>21</b> <b>9:00 Fitness Room</b> <b>11:00 Geri Fit</b> <b>12:00 Lunch</b> <b>1:00 Whist/Spades</b>  <b>Ensure Sold Daily</b>	<b>22</b> <b>9:00 Computer Class w/ Ms. Mary</b> <b>12:00 Lunch</b> <b>1:00 Arts/Crafts</b>  <b>Ensure Sold Daily</b>
<b>25</b> <b>9:00 Fitness Room</b> <b>11:00 Bingo</b> <b>12:00 Lunch</b> <b>1:00 Crafts/Arts</b> <b>Ensure Sold Daily</b>	<b>26</b> <b>9:00 Fitness Room</b> <b>11:00 Geri Fit</b> <b>12:00 Lunch</b> <b>1:00 Bid Whist</b> <b>Ensure Sold Daily</b>	<b>27</b> <b>9:00 Fitness Room</b> <b>11:00 Bingo w/ Germaine from Gentiva</b> <b>12:00 Lunch</b> <b>Ensure Sold Daily</b>	<b>28</b> <b>9:00 Fitness Room</b> <b>11:00 Geri Fit</b> <b>12:00 Lunch</b> <b>1:00 Bid Whist</b> <b>Ensure Sold Daily</b>	<b>29</b> <b>9:00 Computer Class w/ SCC</b> <b>12:00 Lunch</b> <b>1:00 Crafts</b> <b>Ensue Sold Daily</b>

For More Information: Adriane Mosley @910-655-4754 [adriane.mosley@columbusco.org](mailto:adriane.mosley@columbusco.org) Nutrition - Diane Young