























East Columbus Senior Center Activities April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Bid Whist  Ensure Sold Daily	2 9:00 Fitness Room 11:00 Bingo 12:00 Lunch  Ensure Sold Daily	3 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Bid Whist  Ensure Sold Daily	4 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts  Ensure Sold Daily
7 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts  Ensure Sold Daily	8 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades  Ensure Sold Daily	9 9:00 Fitness Room 11:00 Bingo 12:00 Lunch  Ensure Sold Daily	10 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Cards  Ensure Sold Daily	11 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts  Ensure Sold Daily
14 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts  Ensure Sold Daily	15 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Whist/Spades  Ensure Sold Daily	16 9:00 Fitness Room 11:00 Bingo 12:00 Lunch  Ensure Sold Daily	17 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch  Ensure Sold Daily	18 9:00 Exercise 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts  Ensure Sold Daily
21 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts  Ensure Sold Daily	22 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Spades/Whist  Ensure Sold Daily	23 9:00 Fitness Room 11:00 Bingo 12:00 Lunch  Ensure Sold Daily	24 Senior Prom @ Vineland Station 4:30 to 7:00 pm  Ensure Sold Daily	25 9:00 Fitness Room 11:00 Bingo 12:00 Lunch 1:00 Arts/Crafts  Ensure Sold Daily
28 9:00 Fitness Room 12:00 Lunch 1:00 Arts/Crafts Ensure Sold Daily	29 9:00 Fitness Room 11:00 Geri Fit 12:00 Lunch 1:00 Cards/Whist Ensure Sold Daily	30 9:00 Fitness Room 11:00 Bingo 12:00 Lunch Ensure Sold Daily		

For More Information: Adriane Mosley@910-655-4754 adriane.mosley@columbusco.org Nutrition - Diane Young