

CHADBOURN SENIOR CENTER



Monday

Tuesday

Wednesday

Thursday

Friday

				1 8:30 9:30 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE 10	
4 8:30 9:30 11:30 GERI-Fit 12:00 LUNCH 1:00 PHASE 10	5 8:30 10:45 BIBLE STUDY/Rev. Emma Walker 12:00 LUNCH 1:00-4:00 CANASTA	6 8:30 11:00 Gentiva for Bingo 11:30 GERI FIT/cardio drumming 12:00 LUNCH 1:00 Liberty Home Care	7 8:30 12:00 LUNCH 1:00-4:00 CRAFTS 	8 8:30 9:30 11:30 GERI FIT 12:00 LUNCH 1:00 PHASE 10	
11 8:30 9:30 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE 10 	12 8:30 10:45 BIBLE STUDY/ Rev. Emma Walker 12:00 LUNCH 1:00-4:00 CANASTA 	13 8:30 11:30 GERI FIT/cardio drumming 12:00 LUNCH 1:00 Bingo 	14 8:30 12:00 LUNCH 1:00-4:00 crafts 	15 8:30 9:30 11:30 GERI FIT 12:00 LUNCH 1:00 PHASE 10	
18 8:30 9:30 Dig. Lit 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE	19 8:30 10:45 BIBLE STUDY/ Rev. Emma Walker 12:00 LUNCH 1:00-4:00 CANASTA	20 8:30 11:30 GERI FIT/cardio drumming 12:00 LUNCH 1:00- chair volley ball	21 8:30 12:00 LUNCH 1:00-4:00 CRAFTS	22 8:30 9:30 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE 10	
25 8:30 9:30 Dig. Lit 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE	26 8:30 10:45 BIBLE STUDY/ Rev. Emma Walker 12:00 LUNCH 1:00-4:00 CANASTA	27 8:30 11:30 GERI FIT/cardio drumming 12:00 LUNCH 1:00- chair volley ball	28 8:30 12:00 LUNCH 1:00-4:00 CRAFTS 	29 8:30 9:30 11:30 GERI-FIT 12:00 LUNCH 1:00 PHASE 10	

CHADBOURN SENIOR CENTER NEWS LETTER 2025



HAPPY BIRTHDAY

Ernestine Swinton 8-03

Helen Frink 8-11

Cassileen Frink 8-16

Phillip Manning 8-23

PLEASE DON'T FORGET!!

Gentiva for Bingo 08-06 @11

Liberty Home Care 08-06 @1pm

Congregate meals are being served daily for anyone 60 and older. Tell a friend and bring a friend 😊 Must register with nutrition mgr. in order to participate.

Erica Harris (coordinator) Erica.harris@columbusco.org

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