

Guideway/Bug Hill Senior Center September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED 	2 Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Cardio Drumming	3 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri Fit	4 Exercise Room 9-1 9:00 Cards 11:45 Lunch/Social 1:00 Puzzles/Games	5 Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
8 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	9 Exercise Room 9-5 9:00 Puzzles/Games <u>10:00 Crafts/Liberty Hospice</u> 11:45 Lunch/Social 1:00 Couponing	10 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri Fit	11 Exercise Room 9-5 9:00 Cards 11:45 Lunch/Social 1:00 Puzzles/Games	12 Exercise Room 9-5 9:00 Word Games 11:45 Lunch/Social
15 Exercise Room 9-5 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	16 Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Crafts	17 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri Fit	18 Exercise Room 9-5 9:00 Cards 11:45 Lunch/Social 1:00 Puzzles	19 Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
22 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	23 Exercise Room 9-5 9:00 Puzzles/Games 10:00 Craft Class 11:45 Lunch/Social 1:00 Cardio Drumming	24 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social <u>Onsite Shot Clinic – Village Prescription Center 10:00-12:00</u>	25 Exercise Room 9-1 9:00 Puzzles/Games 9:00 Cards 11:45 Lunch/Social	26 Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
29 Exercise Room 9-5 10 Crosswords/Puzzles 10:00 Craft Class 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	30 Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Crafts		*Disclaimer: This calendar is subject to change at any time.	Legal aid of NC 800.672.9304 Reverse Mortgage info 919-877-5700 Medication Assistance Program INFO 910-640-6602 ext. 250 Medicare Info: 910-640-6602 ext. 241

FOR MORE INFORMATION: Contact Jenny Godwin @ 788-1614 jgodwin@columbusco.org