

Guideway/Bug Hill Senior Center NOVEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	4 Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Cardio Drumming	5 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri Fit	6 Exercise Room 9-1 9:00 Cards 11:45 Lunch/Social 1:00 Puzzles/Games	7 Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
10 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	11 <u>CLOSED</u> 	12 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri Fit	13 Exercise Room 9-5 9:00 Cards 11:45 Lunch/Social 1:00 Puzzles/Games	14 Exercise Room 9-5 9:00 Word Games 11:45 Lunch/Social
17 Exercise Room 9-5 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	18 Exercise Room 9-5 9:00 Puzzles/Games 10:00 Christmas Tree Painting 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Crafts	19 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri Fit	20 Exercise Room 9-5 9:00 Cards 11:45 Lunch/Social 1:00 Puzzles	21 Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
24 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	25 Exercise Room 9-5 9:00 Puzzles/Games 10:00 Crafts w/Liberty Hospice 11:45 Lunch/Social 1:00 Cardio Drumming	26 Exercise Room 9-5 9:30 "Friendsgiving" Breakfast 11:00 Geri Fit 11:45 Lunch/Social	27 <u>CLOSED</u> 	28 <u>CLOSED</u> 
			*Disclaimer: This calendar is subject to change at any time.	Legal aid of NC 800.672.9304 Reverse Mortgage info 919-877-5700 Medication Assistance Program INFO 910-640-6602 ext. 250 Medicare Info: 910-640-6602 ext. 241

FOR MORE INFORMATION: Contact Jenny Godwin @ 788-1614 jgodwin@columbusco.org