Guideway/Bug Hill Senior Center JUNE 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	Exercise Room 9-5 9:00 Puzzles/Games 11:00 BINGO 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Cardio Drumming	4 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social	5 Exercise Room 9-5 9:00 Cards 11:45 Lunch/Social 1:00 Puzzles/Games	Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
9 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	10 Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social	11 Exercise Room 9-5 9:00 Puzzles/Games 11:00 Geri Fit 11:45 Lunch/Social 2:00 BEG Geri Fit	Exercise Room 9-5 9:00 Cards 11:45 Lunch/Social 1:00 Puzzles/Games	Exercise Room 9-5 9:00 Word Games 11:45 Lunch/Social
16 Exercise Room 9-5 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Crafts	18 Exercise Room 9-5 9:00 Puzzles/Games 11:45 Lunch/Social 2:00 BEG Geri Fit	Exercise Room 9-5 9:00 Puzzles/Games 9:00 Cards 11:45 Lunch/Social	Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
23 Exercise Room 9-5 10 Crosswords/Puzzles 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit	24 Exercise Room 9-5 9:00 Puzzles/Games 10:00 Craft Class 11:45 Lunch/Social 1:00 Crafts	25 Exercise Room 9-5 9:00 Puzzles/Games 11:45 Lunch/Social	26 Exercise Room 9-1 9:00 Cards 11:45 Lunch/Social	Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
30 Exercise Room 9-5 10 Crosswords/Puzzles 10:00 Craft Class 11:00 Geri Fit 11:30 Weekly Announcements 11:45 Lunch/Social 2:00 BEG Geri-Fit			Legal aid of NC 800.672.9304 Reverse Mortgage info 919-877-5700 Medication Assistance Program INFO 910-640-6602 ext. 250 Medicare Info: 910-640-6602 ext. 241	*Disclaimer: This calendar is subject to change at any time.

FOR MORE INFORMATION: Contact Jenny Godwin @ 788-1614 jgodwin@columbusco.org