



## Bolton Senior Center

August 2025

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|---|---|---|--|
|  |   |   |   | 1 8:30 Exercise Room 9:30 11:30 Coffee Fellowship 12:00 Lunch 1:00 Bingo   |
| 4 8:30 Exercise Room 9:30 11:00 Coffee Social 12:00 Lunch 1:00 Craft       | 5 8:30 Exercise Room 9:30 11:00 Coffee Social Time 12:00 Lunch 1:00 Geri Fit  | 6 8:30 Exercise Room 9:30 11:00 Coffee Social Time 11:00 11:45 12:00 Lunch 1:00 Bingo | 7 8:30 Exercise Room 9:30 11:00 Coffee Social Time 12:00 Lunch 1:00 Geri Fit  | 8 8:30 Exercise Room 9:30 11:00 Coffee Social Time 12:00 Lunch 1:00 Bingo  |
| 11 8:30 Exercise Room 9:30 11:00 Coffee Social 12:00 Lunch 1:00 Craft      | 12 8:30 Exercise Room 9:30 11:00 Coffee Social 12:00 Lunch 1:00 Geri Fit      | 13 8:30 Exercise Room 9:30 11:00 Coffee Social Time 12:00 Lunch 1:00 Bingo            | 14 8:30 Exercise Room 9:30 11:00 Coffee Social Time 12:00 Lunch 1:00 Bingo    | 15 8:30 Exercise Room 9:30 11:00 Coffee Social Time 12:00 Lunch 1:00 Bingo |
| 18 8:30 Exercise Room 9:30 11:30 Coffee Social Time 12:00 Lunch 1:00 Craft | 19 8:30 Exercise Room 9:30 11:00 Coffee Social Time 12:00 Lunch 1:00 Geri Fit | 20 8:30 Exercise Room 9:30 11:00 Coffee Social Time 12:00 Lunch 1:00 Bingo            | 21 8:30 Exercise Room 9:30 11:00 Coffee Social Time 12:00 Lunch 1:00 Geri Fit | 22 8:30 Exercise Room 9:30 11:00 Coffee Social 12:00 Lunch 1:00 Bingo      |
| 25 8:30 Exercise Room 9:30 11:00 Coffee Social 12:00 Lunch 1:00 Craft      | 26 8:30 Exercise Room 9:30 11:00 Coffee Social 12:00 Lunch 1:00 Geri Fit      | 27 8:30 Exercise Room 9:30 Coffee Social 12:00 Lunch 1:00 Bingo                       | 28 8:30 Exercise Room 9:30 11:00 Coffee Social 12:00 Lunch 1:00 Geri Fit      | 29 8:30 Exercise Room 9:30 11:00 Coffee Social 12:00 Lunch 1:00 Bingo      |

Cindy Cook Coordinator

Carolyn Strickland Nutrition Site Manager