

Monday	Tuesday	Wednesday	Thursday	Friday
		1 8:30 12:00 LUNCH 1:00	8:30 12:00 LUNCH 1:00-4:00 CRAFTS	3 11:30 Geri fit 12:00 Lunch 1:00 PHASE 10 / SEWING CIRCLE
6 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 PHASE 10	7 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	8 8:30 11:00 GERI FIT 12:00 LUNCH 1:00 BINGO CAPE FEAR WINERY E-TOWN NC @ 10 AM	9 8:30 12:00 LUNCH 1:00-4:00 CRAFTS	10 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 PHASE 10
8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 PHASE 10	14 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	15 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 Puzzles SENIOR PICNIC @ COLUMBUS COUNTY FAIRGROUNDS 10-2PM	16 8:30 12:00 LUNCH 1:00-4:00 SIP AND PAINT	17 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 PHASE 10/SEWING CIRCLE
20 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 PHASE	21 8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA	8:30 11:00 GERI FIT 12:00 LUNCH 1:00- BINGO	23 8:30 12:00 LUNCH 1:00-4:00 CRAFTS	DAYTRIP GOOD WILL MYRTLE BEACH,SC START GREN DAY WITH A GRATEFIL HEART .3.
27 8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 PHASE	8:30 10:45 BIBLE STUDY 12:00 LUNCH 1:00-4:00 CANASTA Be Still E Know	8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 Puzzles	30 8:30 12:00 LUNCH 1:00-4:00 CRAFTS	8:30 11:00 GERI-FIT 12:00 LUNCH 1:00 PHASE 10/SEWING CIRCLE

CHADBOURN SENIOR CENTER NEWS LETTER MAY 2024



BARBARA LARRIMORE5-1
ROSA WATKINS 5-8
CINDY YATES 5-14
VAN TODD 5-16
JANE SHAW5-18

*WE WILL BE WEARING OUR CHADBOURN SENIOR CENTER SHIRTS ON FRIDAYS. IF YOU DO NOT HAVE ONE AND WOULD LIKE TO PURCHASE ONE PLEASE LET ME KNOW



CAPE FEAR WINERY 5/1 FOR WINE TASTING @10 AM SENIOR PICNIC 5-15 AT FAIRGROUNDS 10AM-2PM GENTIVIA BINGO MAY 22ND @11AM GOOD WILL TRIP TO MYRTLE BEACH 5-24 @9:30 AM

* CONGRETE MEALS ARE BEING SERVED DAILY FOR ANYONE 60 AND OLDER TELL A FRIEND AND BRING A FRIEND © (MUST SIGN UP) NUTRITION MGR. BRENDA MCNAIRerica HCHADBOURN SENIOR CENTER 403 PINE ST CHADBOURN NC 28431

erica.harris@columbusco.org