


# Guideway/Bug Hill Senior Center May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Legal aid of NC 800.672.9304 Reverse Mortgage info 919-877-5700  Medication Assistance Program INFO 910-640-6602 ext. 250 Medicare Info: 910-640-6602 ext. 241	<b>*Disclaimer:</b> <b>This calendar</b> <b>is subject to</b> <b>change at any</b> <b>time.</b>	<b>1</b> Exercise Room 9-5 9:00 Puzzles/Games <b>11:00 Geri Fit</b> 11:45 Lunch/Social <b>2:00 BEG Geri-Fit</b>	<b>2</b> Exercise Room 9-5 <b>9:00 Cards</b> 11:45 Lunch/Social	<b>3</b> Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Devotion 12:00 Lunch/Social
<b>6</b> Exercise Room 9-5 10 Crosswords/Puzzles <b>11:00 Geri Fit</b> 11:30 Weekly Announcements 11:45 Lunch/Social <b>2:00 BEG Geri-Fit</b>	<b>7</b> Exercise Room 9-5 9:00 Puzzles/Games <b>11:00 BINGO</b> 11:30 Chair Exercise 11:45 Lunch/Social	<b>8</b> Exercise Room 9-5 9:00 Puzzles/Games <b>11:00 Geri Fit</b> 11:45 Lunch/Social <b>2:00 BEG Geri Fit</b>	<b>9</b> Exercise Room 9-5 <b>9:00 Cards</b> 11:45 Lunch/Social 1:00 Puzzles/Games	<b>10</b> Exercise Room 9-1 9:00 Word Games 11:45 Lunch/Social
<b>13</b> Exercise Room 9-5 10 Crosswords/Puzzles <b>11:00 Geri Fit</b> 11:30 Weekly Announcements 11:45 Lunch/Social <b>2:00 BEG Geri-Fit</b>	<b>14</b> Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social	<b>15</b> Senior Picnic @ Columbus County Fairgrounds (lunch will be provided)  <u><b>10:00-2:00</b></u>  All satellite sites CLOSED today	<b>16</b> Exercise Room 9-5 9:00 Puzzles/Games <b>9:00 Cards</b> <b>10:00 Painting</b> w/Meleah 11:30 Nutrition Talk 11:45 Lunch/Social	<b>17</b> Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
<b>20</b> Exercise Room 9-5 10 Crosswords/Puzzles <b>11:00 Geri Fit</b> 11:30 Weekly Announcements 11:45 Lunch/Social <b>2:00 BEG Geri-Fit</b>	<b>21</b> Exercise Room 9-5 10:00 Puzzles/Games 11:45 Lunch/Social	<b>22</b> Exercise Room 9-5 9:00 Puzzles/Games <b>11:00 Geri Fit</b> 11:45 Lunch/Social 1:00 Couponing <b>2:00 BEG Geri-Fit</b>	<b>23</b> Exercise Room 9-5 <b>9:00 Cards</b> 11:45 Lunch/Social	<b>24</b> Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social
<b>27</b> <b>CLOSED</b> 	<b>28</b> Exercise Room 9-5 9:00 Puzzles/Games 11:30 Chair Exercise 11:45 Lunch/Social 1:00 Crafts	<b>29</b> Exercise Room 9-5 9:00 Puzzles/Games <b>11:00 Geri Fit</b> 11:45 Lunch/Social 1:00 Couponing <b>2:00 BEG Geri-Fit</b>	<b>30</b> Exercise Room 9-5 <b>9:00 Cards</b> 11:45 Lunch/Social 1:00 Puzzles/Games	<b>31</b> Exercise Room 9-5 9:00 Word Games 9:30 Fellowship/Fun 11:45 Lunch/Social

FOR MORE INFORMATION: Contact Jenny Godwin @ 788-1614 [jgodwin@columbusco.org](mailto:jgodwin@columbusco.org)